

LESSON PLANS – CAREER MANAGEMENT

PHASE 2 – LEVEL 1

Strand: Career Management	LEVEL: LEVEL 1	PHASE: 2
Future Skill Focus: Emotional and Social Intelligence	Learning Stage: Awareness	
LESSON 2: CREATING YOUR CICO® PROFILE		
Objectives	Learning Outcomes	
<p>To understand their personal core interests.</p> <p>To understand how core interests relate to their career dreams and aspirations.</p> <p>To understand how their core interest will inform their career decisions.</p>	<p>By the end of the lesson, students will be able to:</p> <p>Discuss and explain their profile to others.</p> <p>Identify how their core interests relate to career decisions.</p> <p>Identify how their core interests relate to their lives.</p>	
Activities	Resources	Assessment/Evidence
<p>Introduction: *CICO® stands for Core Interest Career Orientation. It can be useful for teachers to have also completed their CICO® profile as this gives a better level of understanding. The CICO® app will guide the students through the process to develop their CICO® profile, however, it's important they are given an explanation prior to starting the exercise. Ensure the students know the purpose of the CICO® profile – *to form the terms of reference for future career decisions.</p> <p>Activity 1: Creating a Personal CICO® Profile Complete your CICO® profile using the CICO® app. Students need to create their personal profiles individually. Reassuring them that this is not a test, there are no right or wrong answers. The exercise should be carried out quietly.</p> <p>Activity 2: Understanding Your CICO® Profile. The CICO® profile provides students with a frame of reference that they can use to help them make key decisions over the course of their Career Development Journey. Go through each of the core characteristics and ensure that the students understand what each means. In small groups ask the students to share and discuss their profiles. Students are to complete the CICO® profile page in their journal.</p> <p>Activity 3: Linking your CICO® profile to current activities and hobbies Discuss why hobbies and interests are of importance and how these link to their core interests. Students are to write/draw examples of anything that they have done in school, out of school, at home, or in clubs that demonstrate or link with their core interests.</p> <p>Plenary: As a class discuss the exercise and key learning points. Encourage students to share their CICO® profiles with those who know and care about them. Students can access their CICO® profiles from any device and therefore have access to it at home.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • Lesson plan with teacher guidance • Student journal • CICO® app link http://cico.talentinocareers.co.uk/ • Core Characteristics definitions • CICO® quiz <p>Equipment required:</p> <ul style="list-style-type: none"> • All students will need access to a laptop/desktop or other device with internet access • Link to the CICO® app • School email address • Recording sheet to capture students' passwords for future reference 	<p>Suggested mediums:</p> <p>Evidence sheets: Photographs of group discussions with annotation.</p> <p>Worksheets: To be filed in careers folder.</p> <p>Questions and answers can be recorded:</p> <ul style="list-style-type: none"> • Written • Witness statement • Audio • Video <p>Student Journal:</p> <ul style="list-style-type: none"> • Lesson marked as introduced and dated • Record the CICO® profiles in the Journal • Record the link to current activities and hobbies
Extension work: The CICO® quiz can be useful in ensuring everyone understands the reason behind the CICO® model.		
Teachers Guidance Notes: The focus of this session is for the student to develop an understanding of their core passions and how these link to all areas of their lives. It can be a powerful exercise, generating both personal reflection and curiosity about others.		