Unit 5A



The focus will be on encouraging students to take their time, follow the steps, and ask for help if they need it.



Activities	Resources	Assessment/Evidence
Requesting a Supported Work Experience: Students to practise asking an adult for help in arranging a supported work experience. This activity will be introduced with a visual story or social script that models the process of requesting support, showing the steps involved in a simple, visual format. Students will then practise this scenario with a partner, teacher, or teaching assistant. For those who are non-verbal or prefer not to speak, alternative communication methods will be available, such as using a communication app, picture cards, or a simple pre-written script that they can hand to the adult.		
Plenary: End with a brief reflection session. Use a visual aid, such as a "Feelings Board" or a "Success Chart," to help students express how they felt about the activities. Students will be encouraged to share their thoughts using whatever communication method is most comfortable for them, whether that is speaking, using a communication device, or pointing to pictures that represent their feelings. Complete the session with a calming activity, such as listening to soft music or engaging with a favourite sensory toy, to help students transition smoothly out of the lesson.		

Teacher Guidance Notes: This lesson is designed to support students to practise the skills needed to apply for a job that aligns with their interests and career aspirations. The rationale behind this lesson is to provide a highly structured and visually supported environment where students can engage with the job application process in a way that feels safe and manageable. By using clear instructions, visual supports, and predictable routines, the lesson aims to reduce anxiety and build confidence, helping students feel more in control of their learning experience. The activities are designed to be accessible and engaging, with plenty of opportunities for students to ask for help and practice self-advocacy in a supportive setting. This approach ensures that each student can participate in a meaningful way, regardless of their individual needs or communication preferences.



