

<b>Module 4: I am ready!</b>		<b>Level: SLD/ASD</b>	
<b>Unit 4C: Knowing different people to help me achieve at work</b>		<b>Preparation for Adulthood: Employment</b>	
<b>Lesson 4C3: How do I build my network?</b>			
<b>Objectives</b>		<b>Learning Outcomes</b>	
<p>To recognise the importance of having a support network.</p> <p>To learn how to build and maintain relationships with key individuals.</p> <p>To understand how to ask for help in different scenarios.</p>		<p><b>Students will:</b></p> <p>Identify key individuals in their support network and demonstrate an awareness of how to maintain relationships with these individuals.</p> <p>Practice articulating specific scenarios where they might need help and learn how to use simple, clear communication strategies.</p>	
<b>Activities</b>		<b>Resources</b>	<b>Assessment/Evidence</b>
<p><b>Introduction:</b> Explain, clearly and simply, the lesson objectives and what they will be doing today. Start with a group discussion about how students think they can build relationships and maintain them.</p> <p><b>Community Helper Cards:</b> Explain to students they will create a set of cards to help them identify and remember key people who can offer support in different situations. Provide students with index cards and ask them to draw/write the names and roles of community/school helpers. Encourage students to use the stickers/pictures to decorate their cards. Once created, discuss with students how they might use these helpers in real life. Store cards in envelopes for students to access when they need them.</p> <p><b>Interactive Help-Seeking Map:</b> Have a large, laminated map that includes different familiar locations. Place a different sensory item at each location that represents that spot. Show students the map and invite them to explore the different items and locations. For each location, ask students simple help-seeking phrases related to the location. For example, at the library you could ask ‘Can you help me find a book?’. Allow students to use the map and role-play where they need to ask for help in different situations. Encourage them to use the help-seeking phrases as they interact with the sensory items.</p> <p><b>Plenary:</b> Gather the students to conclude the lesson. Use a visual summary of the key points covered during the lesson, reviewing the importance of a support network and how to ask for help. Students will be encouraged to share something they learned during the lesson, using their preferred communication method (e.g., speech, symbols, or gestures). The teacher will provide positive reinforcement and celebrate each student’s effort. The session will end with a brief, calming sensory activity, such as deep-pressure squeezes or a soft, soothing music session, to help students transition out of the lesson.</p>		<p><b>Provided:</b></p> <ul style="list-style-type: none"> <li>• Work-Related Independent Living cards</li> <li>• When I Am at Work cards</li> <li>• Work Experience Guide</li> </ul> <p><b>Materials Needed:</b></p> <ul style="list-style-type: none"> <li>• Index cards</li> <li>• Pens/pencils</li> <li>• Stickers/images of community helpers</li> <li>• Envelopes</li> <li>• Large laminated map of the community</li> <li>• Sensory items for map locations</li> </ul>	<p><b>Suggested mediums:</b></p> <p><b>Evidence sheets:</b> Photographs/videos of students engaging with sensory items.</p> <p><b>Observation notes:</b> Regarding student participation and engagement.</p> <p><b>Direct questions:</b> Throughout the session use prompts/pauses and Makaton/BSL signs.</p> <p><b>Prompting Recall:</b> Of knowledge through simple verbal instruction and signs.</p> <p><b>Student planner:</b> Lesson marked as introduced and dated.</p>
<p><b>Teacher Guidance Notes:</b> This lesson aims to introduce students to the different ways they can strengthen their networks and how their social networks are available in the wider community. Use clear, simple language and visual aids to support understanding. Ensure each activity is adapted to the student’s needs to promote engagement in the activities. Monitor students’ engagement and understanding throughout the lesson to gauge their levels of learning and where they may need support.</p>			