

Module 4: I am ready!		Level: SLD/ASD
Unit 4C: Knowing different people that can help me achieve at work		Preparation for Adulthood: Employment
Lesson 4C2: How do I use my network?		
Objectives	Learning Outcomes	
To recognise and understand how to use their support network effectively in various school situations. To learn who to ask for help in specific situations at school.	Students will: Identify key individuals within their support network and demonstrate how to seek appropriate help from them in different scenarios. Match different challenges or needs with the appropriate person to ask for help.	
Activities	Resources	Assessment/Evidence
<p>Introduction: Welcome the students warmly, creating a calm and engaging atmosphere to help them settle into the learning environment. Clearly explain the lesson objectives in simple, direct language, such as learning about the people at school who can help them in different situations. Use visual aids, like pictures or symbols of school staff, to support understanding, briefly introducing each person and their role. Engage students in a group discussion about their experiences with seeking help at school, using prompting questions to guide the conversation. Explain the concept of a support network by comparing it to a team, where each member has a specific role in providing help. Briefly outline the upcoming activities, reassuring students that they will have support throughout the lesson and encouraging them to ask questions. Conclude the introduction by expressing enthusiasm for the activities, building anticipation for learning more about their school support network.</p> <p>Network Mapping: Provide students with the materials to create their maps. Discuss the people at school who can help them in various situations. Ask students to glue the images/symbols of key people from school onto the paper. Have different scenario labels i.e. feeling sad or don't understand the instructions and guide students in choosing some labels to match the people. Use the string to link the images together and have students explain why these links have been made.</p> <p>Help-Seeking Sensory Path: Create a sensory path on the floor using textured mats with the sensory bins placed along the path. At each bin have an image of school staff/helpers. Guide students to walk along the path, stopping at each sensory bin and picking up a scenario card. Prompt students to explore the sensory bins, feel the textures, and identify which helper they would need for that particular challenge. Once complete, discuss with students which helper they chose and why.</p> <p>Plenary: Gather the students in a circle and recap the lesson. Ask students simple questions, such as 'Who do you have to help you at school?'. Encourage students to express how they felt throughout the lesson and how they feel now knowing they have a large support network at school.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • When I Am at Work cards • Transition cards • Work-Related Independent Living Task cards • Work Experience Guide <p>Materials Needed:</p> <ul style="list-style-type: none"> • Paper • Pens/pencils • Pictures/symbols of key people in school • String • Scenario labels • Glue sticks • Textured floor mats • Sensory bins 	<p>Suggested mediums:</p> <p>Evidence sheets: Photographs/videos of students engaging with sensory items.</p> <p>Observation notes: Regarding student participation and engagement.</p> <p>Direct questions: Throughout the session use prompts/pauses and Makaton/BSL signs.</p> <p>Prompting Recall: Of knowledge through simple verbal instruction and signs.</p> <p>Student planner: Lesson marked as introduced and dated.</p>
Teacher Guidance Notes: This lesson aims to show students who they have at school to support them and which person would be best to help them through different situations. Ensure there are clear visual aids and examples to aid understanding of each activity. Modify activities to meet students' needs to reinforce the idea they can do this. Monitor student engagement and participation, providing support as needed.		