

Module 4: I am ready!		Level: MLD/SEMH
Unit 4C: Knowing different people to help me achieve at work		Preparation for Adulthood: Employment
Lesson 4C2: How do I use my network?		
Objectives	Learning Outcomes	
To recognise and understand how to utilise their support network effectively in different situations. To learn who they can ask for help within the school environment and understand the appropriate ways to do so.	Students will: Identify key people in their support network. Demonstrate the ability to approach the correct person for help at school and use appropriate communication methods to seek assistance.	
Activities	Resources	Assessment/Evidence
<p>Introduction: Begin the lesson by clearly explaining the objectives and what the students will be doing today. Start with a group discussion about the concept of a support network, focusing on how students can effectively use the people in their network when they need help. Use simple examples relevant to their daily school experience to illustrate different situations where they might need assistance. Emphasise that understanding who to ask for help and how to do so is a valuable skill that can help them navigate school life more confidently and independently.</p> <p>Help-Seeking Relay: Discuss different situations where students might need help or support and the types of people they could ask for the required support. Divide the class into small teams and get them to stand in a line at the starting point. Give the first student in each team a scenario card and ask them to run to the board and stick it to the correct person they could ask for help in that situation. Have each student in the team complete their turn. At the finish line, have a whiteboard with the names/pictures of different people from their school support network. Once done, discuss the choices made and why certain individuals were selected for specific scenarios.</p> <p>Help Request Practice Station: Have different stations around the room representing a different part of the school. Assign students a different role to play i.e. help seeker/helper (teacher, IT staff). Students will rotate through the stations using the tasks to practice asking for help. The 'helper' will respond to the request as if it were a real-life situation. Discuss with students what went well and what could be improved when they were asking for help.</p> <p>Plenary: As a class, briefly discuss the activities from the lesson. Ask students who they have in their support network at school and why this is important to know.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • When I Am at Work cards • Transition cards • Work-Related Independent Living Task cards • Work Experience Guide <p>Materials Needed:</p> <ul style="list-style-type: none"> • Whiteboard • Markers • Blue tac • School-related items • List of tasks • Role cards 	<p>Suggested mediums:</p> <p>Evidence sheets: Take photos/videos of the students working together and acting out their scenarios.</p> <p>Observation notes: Take notes whilst the students are completing tasks.</p> <p>Direct questions: Keep asking different questions throughout the lesson with prompts and pauses.</p> <p>Prompting Recall: Knowledge through minimal verbal instructions.</p> <p>Student planner: Lesson marked as introduced and dated.</p>
Teacher Guidance Notes: This lesson aims to guide students through the different people they have at school to support them and the situations the individuals would be best suited to help in. Adjust activities to meet levels of students' needs and offer support when needed. Encourage students to be as independent as possible to further their understanding of the tasks and show them they can do this elsewhere, on their own.		