

Module 4: I am ready!		Level: MLD/SEMH
Unit 4C: Knowing different people to help me achieve at work		Preparation for Adulthood: Employment
Lesson 4C1: What is my network?		
Objectives	Learning Outcomes	
<p>To understand what a support network is and recognise the key people within their own network.</p> <p>To recognise when they need help and confidently ask for support from their network.</p>	<p>Students will:</p> <p>Identify and describe important people in their lives who offer support both at home and at school.</p> <p>Demonstrate the ability to identify situations where they need help.</p> <p>Practise asking for help in a clear and appropriate manner.</p>	
Activities	Resources	Assessment/Evidence
<p>Introduction: Explain the activities for the lesson and start with a discussion of what a social network is and why it is important to have one.</p> <p>My Support Network Map: Provide students with a piece of paper and pens/pencils and ask them to create their 'Support Network Map.' Have students glue a picture of themselves in the middle of the paper. Around the images, ask students to draw lines/arrows to connect different names/photos representing the important people in their lives. Encourage students to personalise their maps so they are eye-catching to them. Once complete, invite students to share their maps and discuss who is in their network and how these people help them.</p> <p>Creating a Support Network Booklet: Explain that students will be creating a personal "Support Network Booklet" that they can refer to whenever they need help. This booklet will include information about the important people in their lives and how these people can support them. Provide students with pre-folded paper to create a booklet. On each page, students should write or paste a picture of someone in their support network. Under each picture, they should write or draw how that person can help them (e.g., "Ms. Smith can help me with my homework" or "My friend Alex can listen when I'm upset"). Encourage students to decorate their booklets with drawings, stickers, or colours that make it personal and meaningful to them. This can also help keep them engaged and interested in the task. Once the booklets are complete, invite students to share their booklets with a partner or the group. This sharing can help reinforce the idea that everyone has a unique support network, and it is okay to ask for help when needed. Conclude the activity by discussing how the booklet can be used in real life situations. Encourage students to take their booklets home and share them with their family members, reinforcing the lesson at home.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • Work-Related Independent Living Task cards • Transition cards • When I Am at Work cards • Work Experience Guide <p>Materials Needed:</p> <ul style="list-style-type: none"> • Paper • Pens/pencils • Images of students • Glue sticks • Props • Pre-folded paper for booklets • Pens, pencils, markers • Pictures of important people (students can bring these from home or use provided images) • Stickers, and other decorative items 	<p>Suggested mediums:</p> <p>Evidence sheets: Take photos/videos of the students working together and acting out their scenarios.</p> <p>Observation notes: Take notes whilst the students are taking part in tasks.</p> <p>Direct questions: Keep asking different questions throughout the lesson with prompts and pauses.</p> <p>Prompting Recall: Knowledge through minimal verbal instructions.</p> <p>Student planner: Lesson marked as introduced and dated.</p>

Activities	Resources	Assessment/Evidence
<p>Seeking Help: Discuss the importance of recognising when they need help and how asking for help is a sign of strength. Provide students with some 'When I Am at Work' cards and divide them into pairs to act out a scenario. Encourage students to use the props to aid with understanding and keeping the task engaging. Have students playing the role of asking for help and the other playing the role of someone in their support network. Talk about how students asked for help and if this was effective or not.</p> <p>Plenary: Briefly recap the lesson and ask students questions to gauge their understanding. Reinforce the idea that students already have a social network and how they are helpful to them right now. Relate the use of a network to workplace situations to show students the relevance of the lesson.</p>		
<p>Teacher Guidance Notes: This lesson aims to provide students with the necessary tools to understand and utilise their support networks effectively. Recognising and engaging with a support network is crucial for these students, both in their personal lives and future employment settings. By using hands-on, interactive activities, the lesson is designed to keep students engaged and focused, ensuring that the learning process is both meaningful and accessible. Clear, concise instructions and real-life connections are emphasised to help students grasp the practical relevance of the content. The lesson also encourages the development of social skills, such as asking for help, which is a critical component of self-management and independence.</p>		