Unit 4A



their strengths during an interview.



Activities	Resources	Assessment/Evidence
Creating a Personal Strengths Booklet: Guide and support students to create a small booklet that highlights their strengths and interests. Provide pre-printed pages with prompts like "I am good at" and "I like to" along with spaces for students to add drawings, stickers, or photos. Encourage students to personalize their booklets with their favourite colours or decorations. Once completed, these booklets can be used as a tool to help them prepare for interviews, serving as a visual reminder of what they want to share. This activity helps reinforce the importance of self-awareness and personal strengths in an interview setting.		
Plenary: Gather the students in a quiet, comfortable space. Review the key points of the lesson, using the visual schedule to recap each activity. Ask students to share what they liked best about the lesson or what they feel most confident about doing in an interview. Use visual prompts or communication devices to facilitate their responses. Provide positive feedback and praise for their participation, emphasising that they did a great job preparing for an interview.		

Teacher Guidance Notes: This lesson aims to support students in developing the skills they need to make a positive impression in a job interview. The activities are structured and predictable, reducing anxiety and helping students focus on key behaviours that will help them stand out in an interview. Visual supports, clear language, and repetitive routines are essential for reinforcing learning and ensuring that students feel comfortable and confident during the lesson. The role-playing activity provides a safe environment for students to practise interview scenarios, while the strengths booklet helps them prepare to communicate their abilities effectively. Sensory-based relaxation techniques are included to help students manage any anxiety they may feel about the interview process. Throughout the lesson, positive reinforcement is crucial to building their confidence and encouraging active participation.



