

Module 3: My choices!		Level: Sensory/Exploration
Unit 3C: How do I plan for what I choose?		Preparation for Adulthood: Employment
Lesson 3C2: Why is planning important?		
Objectives		Learning Outcomes
<p>To experience further planning tasks, through sensory and interactive activities.</p> <p>To experience what can happen when something goes wrong.</p>		<p>Students will:</p> <p>Demonstrate an awareness of the importance of planning by engaging in activities that illustrate organisation and foresight.</p> <p>Show an understanding of resilience by participating in sensory activities that simulate problem-solving and adaptation when plans change.</p>
Activities	Resources	Assessment/Evidence
<p>Introduction: Introduce the lesson topic with a simple, engaging story with tactile elements about a character who plans a picnic. Highlight how the character prepares (packing food, choosing a location) and what happens when something goes wrong (rain, forgetting items). Use props and tactile materials, such as a picnic basket, toy food, and a small water spray bottle for "rain," to illustrate the story and allow students to touch and explore.</p> <p>Sensory Problem-Solving Bins: Prepare sensory bins that represent different scenarios where a plan goes wrong and needs adjustment. For example, a picnic bin could include items like an umbrella (rainy weather), a scarf (cold weather), and a mobile phone (calling for help). Another bin for a garden party could include a small fan (windy weather) and faux bugs (pests). Guide students through exploring each sensory bin, discussing the items and how they represent challenges to the original plan. Encourage students to think about solutions, such as using an umbrella for rain or calling for help if something is forgotten. Reinforce the concept of resilience by highlighting how planning ahead and adapting can help overcome problems.</p> <p>Sensory Planning Game: Create a simple, interactive game where students work together to plan an activity, such as a picnic or garden party, and then deal with unexpected changes. Use a spinner or dice to introduce random events like rain, wind, or forgotten items, and have students use sensory props to solve the problems. Guide students through the game, encouraging them to take turns and work together to solve the challenges. Discuss how each unexpected event affects the plan and what can be done to adapt.</p> <p>Plenary: Gather students and use a tactile board to review the steps of the activities they completed. Use the sensory items from the lesson to reinforce each step. Encourage students to indicate their favourite part of the lesson by pointing or using eye gaze. Use simple language to summarise the key points, reinforcing the importance of planning and resilience. Celebrate their participation and achievements with positive reinforcement.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • WRSIL task cards • Work Experience cards • Jobs I Can Do cards • Job Families cards <p>Materials needed:</p> <ul style="list-style-type: none"> • Tactile materials, water spray bottle • umbrella, scarf, mobile phone, small fan, faux bugs, sensory bin containers • spinner or dice, sensory props, small fan planning game board 	<p>Suggested mediums:</p> <p>Evidence sheets: Photographs of individual/group discussions/activities with annotation.</p> <p>Direct questioning throughout the session with the use of pause, prompting, and Makaton/BSL signs.</p> <p>Prompting recall of knowledge through minimal verbal instructions and signs.</p> <p>Questions and answers can be recorded:</p> <ul style="list-style-type: none"> • Written • Witness statement • Audio • Video <p>Student Journal: Lesson marked as introduced and dated.</p>

Teacher Guidance Notes: This lesson aims to introduce students to the concepts of planning and resilience through sensory and interactive activities. Prepare all materials and sensory items in advance, ensuring they are safe and appropriate for the student's developmental levels. Use clear, simple language and visual aids to explain the importance of planning ahead of time and being resilient when things go wrong. Provide ample support and encouragement, paying close attention to each student's engagement and responses. Adjust the pace and approach as needed to accommodate individual needs, using positive reinforcement to celebrate students' participation and achievements. Create a calm and inclusive environment that encourages exploration and learning through sensory experiences. Reinforce the connections between activities and the concepts of planning and resilience, helping students understand the importance of organising steps and adapting to achieve a goal. Use visual supports and simple gestures to aid understanding and communication and maintain a structured and predictable environment to help students feel secure and engaged.