

Module 3: My choices!		Level: MLD/SEMH
Unit 3C: How do I plan for what I choose?		Preparation for Adulthood: Employment
Lesson 3C2: Why is planning important?		
Objectives		Learning Outcomes
<p>To understand the importance of planning and planning ahead through interactive and relatable activities.</p> <p>To learn what can happen when something goes wrong and how resilience can help to try again.</p>		<p>Students will:</p> <p>Demonstrate an awareness of the importance of planning by engaging in activities that illustrate organisation and foresight.</p> <p>Students will acknowledge the importance of planning by engaging in activities that illustrate planning.</p> <p>Show an understanding of resilience by participating in activities that simulate problem-solving and adaptation when plans change.</p>
Activities	Resources	Assessment/Evidence
<p>Introduction: Start the lesson with a friendly and engaging welcome, introducing the topic:</p> <ul style="list-style-type: none"> • “How do I plan for what I choose?” • Why is planning important?” <p>Use a brief, relatable story about planning an outing with friends, such as going to the movies. Highlight the steps involved in planning (choosing a movie, buying tickets, arranging transportation) and what happens if things go wrong (traffic, forgetting the tickets). Use visual aids and props to make the story more engaging and interactive.</p> <p>Problem-Solving Scenarios: Prepare scenarios where a plan goes wrong and needs adjustment. For example, being late to a work-related appointment, not having the correct clothes because they haven’t been laundered, not setting an alarm, or missing the bus. Use visual aids and props to simulate these scenarios. Guide students through each scenario, discussing what went wrong and how it could have been avoided through better planning. For instance, discuss setting an alarm the night before, checking the laundry a day before work, and planning for extra travel time. Emphasize resilience by talking about how to handle the situation if it does occur, such as calling to reschedule an appointment or finding alternative transportation.</p> <p>Planning and Resilience Board Game: Create a simple, interactive board game where students work together to plan an activity and deal with unexpected changes. Use a spinner or dice to introduce random events like traffic jams, bad weather, or forgotten items, and have students use problem-solving cards to find solutions. Guide students through the game, encouraging them to take turns and work together to solve the challenges. Discuss how each unexpected event affects the plan and what can be done to adapt. This interactive activity promotes teamwork, problem-solving, and understanding of planning and resilience.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • WRSIL task cards • Work Experience cards • Jobs I Can Do cards • Job Families cards <p>Materials needed:</p> <ul style="list-style-type: none"> • Materials needed: game board, spinner or dice, problem-solving cards, planning cards • Clock for setting alarm, clothes (laundered and unlaundered), toy bus, appointment cards • Materials needed: journals, pens, career information sheets 	<p>Suggested mediums:</p> <p>Evidence sheets Photographs of students engaging in activities.</p> <p>Visual records of sorted items and matched tools.</p> <p>Observation notes on student participation and engagement.</p> <p>Direct questioning throughout the session with the use of pauses and prompts.</p> <p>Prompting recall of knowledge through minimal verbal instructions.</p> <p>Student planner Lesson marked as introduced and dated.</p>

Activities	Resources	Assessment/Evidence
<p>Career Exploration Journals: Provide each student with a journal to explore different careers. Include prompts and questions related to planning for each career, such as</p> <ul style="list-style-type: none"> • “What steps do you need to take to become a chef?” • “How does a nurse plan their day?” <p>Direct students to fill out their journals, encouraging them to think about the planning involved in each career. Discuss their answers as a group, highlighting the importance of planning and resilience in achieving career goals. This reflective activity helps students connect planning to their future aspirations.</p> <p>Plenary: Review the steps of the activities they completed. Encourage students to share their favourite part of the lesson and what they learned about planning and resilience. Use simple language to summarise the key points, reinforcing the importance of organising steps and adapting to achieve a goal.</p>		
<p>Teacher Guidance Notes: This lesson aims to introduce to the concept of planning and resilience through interactive and engaging activities. Prepare all materials and props in advance, ensuring they are safe and appropriate for the student’s developmental levels. Use clear, simple language and visual aids to explain the importance of planning ahead and being resilient when things go wrong. Provide ample support and encouragement, paying close attention to each student’s engagement and responses. Adjust the pace and approach as needed to accommodate individual needs, using positive reinforcement to celebrate students’ participation and achievements. Create a calm and inclusive environment that encourages exploration and learning through hands-on experiences. Reinforce the connections between activities and the concepts of planning and resilience, helping students understand the importance of organising steps and adapting to achieve a goal. Use visual supports and simple gestures to aid understanding and communication and maintain a structured and predictable environment to help students feel secure and engaged.</p>		