Unit 3C

| Module 3: My choices! | Level: MLD/SEMH | |
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| Unit 3C: How do I plan for what I choose? | Preparation for Adulthood: Employment | |
| Lesson 3C1: What is a plan? | | |
| Objectives | Learning Outcomes | |
| To understand that a plan is a way of organising things to achieve a goal. To learn how to plan an activity. | Students will: Demonstrate an awareness of the concept of planning by engaging in activities that illustrate organisation and sequencing. Show understanding of planning by contributing to the completion of a simple activity plan and reflecting on the process. | |
| Activities | Resources | Assessment/Evidence |
| Introduction: Begin the lesson by welcoming students and introducing the topic: "How do I plan what I choose? What is a plan?" Use a short, animated video that explains planning in simple terms and shows examples of everyday planning, like organizing a birthday party or getting ready for school. Engage students by asking them to share times when they had to plan something, even if it was simple, like deciding what to wear or what to eat for lunch. This will help them relate to the concept. Planning Game: Set up an interactive whiteboard with a digital planning game. The game should involve dragging and dropping items to create a sequence for a specific plan, such as packing a bag for a day out. The steps could include choosing clothes, packing snacks, bringing an item, and taking a water bottle. Encourage them to discuss each step and why it's important. Allow students to take turns dragging and dropping items to complete the plan. This visual and interactive activity will help them understand the sequence and organisation involved in planning. Planning a Fun Event: Divide the class into small groups and assign each group the task of planning a fun event, like a class party or a field trip. Provide each group with a large sheet of paper and markers to create a plan. They should include steps such as deciding on a theme, making invitations, organising activities, and preparing snacks. Ask each group to discuss ideas and write down or draw each step of their plan. Circulate among the groups, providing guidance and ensuring that everyone participates. After the planning session, have each group present their plan to the group. This activity promotes teamwork, communication, and practical planning skills. Sensory Planning Experience: Create a sensory activity that involves planning and sequencing, such as planting a small herb garden or creating a piece of music. Provide students with the required materials. Use a visual schedule to outline the steps needed for each step, encourage them to engage with the sensor | Provided: WRSIL task cards Pathways Poster Transition cards Materials needed: Interactive whiteboard, digital planning game software Large sheets of paper, markers, planning templates small pots, soil, eeds, water, visual schedule cards Music equipment Contact information for guest speakers, props or visuals related to their job | Suggested mediums: Evidence sheets Photographs of students engaging in activities. Visual records of sorted items and matched tools. Observation notes on student participation and engagement. Direct questioning throughout the session with the use of pauses and prompts. Prompting recall of knowledge through minimal verbal instructions. Student planner Lesson marked as introduced and dated. |





| Activities | Resources | Assessment/Evidence |
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| Guest Speaker Session: Invite a guest speaker from a local business or organisation to discuss how they plan their day or organise their tasks. Choose a speaker who can present engaging and relatable, using visuals or props if possible. Prepare students for the guest speaker by discussing what they might learn and encouraging them to think of questions to ask. During the session, facilitate the interaction by helping students ask their questions and keeping them engaged. This real-world connection will help students see the practical applications of planning. | | |
| Plenary: Gather students to take turns sharing what they learned about planning. Ask guiding questions like, "What was your favourite part of the lesson?" and "Why is planning important?" Summarise the key points and reinforce the concept of organizing steps to achieve a goal. Use positive reinforcement to celebrate their participation and achievements. | | |

Teacher Guidance Notes: This lesson aims to introduce students to the concept of planning through interactive and engaging activities. Prepare all materials and set up the activities in advance, ensuring they are accessible and appropriate for the students' developmental levels. Use clear, simple language and visual aids to explain the concept of planning. Provide ample support and encouragement, paying close attention to each student's engagement and responses. Maintain a calm and structured environment, using clear instructions and positive reinforcement to manage behaviour. Create an inclusive atmosphere that encourages exploration and learning through practical experiences. Adjust the pace and approach as needed to accommodate individual needs, using positive reinforcement to celebrate students' participation and achievements. Reinforce the connections between activities and the concept of planning, helping students understand the importance of organising steps to achieve a goal.



