

Module 3: My choices!		Level: Sensory/Exploration	
Unit 3B: What do I want to do?		Preparation for Adulthood: Employment	
Lesson 3B1: Do I have a favourite type of career?			
Objectives		Learning Outcomes	
<p>To engage in sensory activities that represent different careers to further explore their preferences.</p> <p>To access virtual experiences of different workplaces, supporting students to connect with various work environments.</p> <p>To demonstrate career choices using their preferred method of communication.</p>		<p>Students will:</p> <p>Show an awareness of various careers by engaging in sensory activities related to different jobs.</p> <p>Use varied communication methods to indicate which activities or career-related stimuli they enjoyed the most.</p>	
Activities		Resources	Assessment/Evidence
<p>Introduction: Create "Sensory Career Exploration Bags" filled with items representing different careers. For instance, a "Healthcare Bag" might contain a stethoscope, a soft bandage, and scented lavender sachets; a "Construction Bag" could include a small, safe hammer, sandpaper squares, and a construction hat; a "Music Bag" might have a small tambourine, soft earmuffs, and a fabric music note. Students can explore the contents of each bag, feeling the textures, smelling the scents, and hearing any sounds. This activity allows students to engage with items related to various careers in a tactile and interactive way.</p> <p>Virtual Careers with Sensory Integration: Use videos or virtual reality (VR) to take students on a virtual field trip to different workplaces, such as a bakery, a garden, or an art studio. To complement the virtual experience, provide sensory props that correspond with the scenes in the video, such as the smell of fresh bread for a bakery, the feel of leaves for a garden, or soft brushes for an art studio. This immersive experience helps students connect sensory experiences with real-world career environments.</p> <p>Career Preference Choice Board: Provide students with a choice board featuring pictures or tactile symbols representing different careers. After participating in the sensory exploration stations and story time, students can indicate their preferences by pointing, touching, or using eye gaze to select their favourite careers. Staff can assist in interpreting responses and recording preferences.</p> <p>Plenary: To conclude the lesson, gather the students playing a calming song that indicates the end of the session. Encourage each student to indicate, using their preferred communication methods, which career-related activity they enjoyed the most. Thank the students for their participation and reinforce the importance of exploring and recognising different careers.</p>		<p>Provided:</p> <ul style="list-style-type: none"> • WRSIL task cards • Pathways Poster • Jobs I Can Do cards • Job Families cards <p>Materials needed:</p> <ul style="list-style-type: none"> • Stethoscope, bandages, scented sachets, hammer, sandpaper, construction hat, tambourine, earmuffs, fabric music notes, and other career-related items • Choice board, pictures or tactile symbols of different careers • Videos or VR equipment, sensory props (fresh bread scent, leaves, brushes). 	<p>Suggested mediums:</p> <p>Evidence sheets: Photographs of individual/group discussions/activities with annotation.</p> <p>Direct questioning throughout the session with the use of pause, prompting, and Makaton/BSL signs.</p> <p>Prompting recall of knowledge through minimal verbal instructions and signs.</p> <p>Questions and answers can be recorded:</p> <ul style="list-style-type: none"> • Written • Witness statement • Audio • Video <p>Student Journal: Lesson marked as introduced and dated.</p>
<p>Teacher Guidance Notes: This lesson aims to support students explore various career options and identify their personal interests. Creating a sensory-friendly environment with a variety of stations and activities that represent different careers will encourage students to engage in a way tailored to their level of awareness and understanding. Using sensory stimuli to explore their interests to provide context and understanding of different jobs, including the use of props, touch, and smell to enhance the sensory experience. Ensure all activities are accessible and adapted to each student's needs, providing individualised support and encouragement. The goal is to help students recognise and express their interests, laying the foundation for future experiences within the subject of careers.</p>			