

Module 3: My choices!		Level: MLD/SEMH
Unit 3A: Who am I?		Preparation for Adulthood: Employment
Lesson 3A5: What am I really good at?		
Objectives	Learning Outcomes	
<p>To provide students with practical experiences to explore and identify different skills and talents.</p> <p>To promote positive social interactions and recognition of each other's skills and strengths.</p> <p>To reflect on their skills and strengths, and to record their achievements.</p>	<p>Students will:</p> <p>Demonstrate their skills and abilities through participation in practical activities.</p> <p>Express pride in their skills and abilities, using appropriate communication methods.</p> <p>Interact positively with a peer.</p>	
Activities	Resources	Assessment/Evidence
<p>Skill Workshops: Set up a series of hands-on workshops where students can try out different skills. Examples include a "Creative Arts Workshop" with painting and crafting materials, a "Cooking Skills Workshop" with simple cooking tasks like making sandwiches or decorating cookies, and a "Sports and Movement Workshop" with activities like mini basketball, throwing bean bags, or a simple obstacle course. Each workshop is designed to allow students to explore different talents and interests.</p> <p>Peer Appreciation Circle: After completing the workshops, gather students in a circle and facilitate a "Peer Appreciation Circle." Each student will have the opportunity to share something they noticed about another student's skills or strengths during the activities. If students have difficulty expressing themselves verbally, they can use communication aids or staff can assist in sharing observations. This activity encourages positive recognition and boosts self-esteem.</p> <p>Skills Portfolio Creation: Provide materials for students to create a personal "Skills Portfolio." This can include photographs of them participating in activities, drawings, written descriptions of their favourite tasks, or certificates of participation. This portfolio serves as a visual and tactile representation of their skills and achievements, which they can continue to build on over time.</p> <p>Plenary: Gather the students to review the activities they participated in. Encourage each student to share, using their preferred communication methods (this may not be verbal, it may be a thumbs up, a point, or an email), one skill or activity they enjoyed or felt they did well. Highlight the importance of recognising these strengths and how they can be proud of what they are good at.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • WRSIL task cards <p>Materials needed:</p> <ul style="list-style-type: none"> • Painting and crafting supplies, cooking ingredients and utensils, and sports equipment • Communication aids and prompts for sharing • Portfolios, photos, drawing materials, writing tools, certificates • Visual aids, communication tools 	<p>Suggested mediums:</p> <p>Evidence sheets Photographs of students engaging in activities.</p> <p>Visual records of sorted items and matched tools.</p> <p>Observation notes on student participation and engagement.</p> <p>Direct questioning throughout the session with the use of pauses and prompts.</p> <p>Prompting recall of knowledge through minimal verbal instructions.</p> <p>Student planner Lesson marked as introduced and dated.</p>
<p>Teacher Guidance Notes: This lesson aims to help students explore and identify their skills and strengths through practical, hands-on activities. Encourage students to participate and engage with each workshop, providing positive reinforcement and support as needed. Facilitate the Peer Appreciation Circle to promote positive social interactions and recognition of each student's skills. The Skills Portfolio Creation activity allows students to document and reflect on their strengths, providing a tangible record of their achievements. Ensure that all activities are accessible and adapted to the needs of the students, providing individualised support and encouragement. This lesson aims to build self-awareness and confidence by helping students recognise and celebrate their unique skills and abilities.</p>		