

<b>Module 3: My choices!</b>		<b>Level: MLD/SEMH</b>
<b>Unit 3A: Who am I?</b>		<b>Preparation for Adulthood: Employment</b>
<b>Lesson 3A4: What do I not want to do?</b>		
<b>Objectives</b>		<b>Learning Outcomes</b>
<p>To engage in activities to identify what they do not enjoy, focusing on practical and real-life tasks.</p> <p>To learn that not all parts of a job or task are enjoyable but are often necessary to complete.</p>		<p><b>Students will:</b></p> <p>Demonstrate an awareness of tasks or activities they find unappealing.</p> <p>Identify why some tasks are necessary despite being un motivating.</p>
<b>Activities</b>	<b>Resources</b>	<b>Assessment/Evidence</b>
<p><b>Introduction:</b> Facilitate a discussion circle where students can talk about activities they enjoy and those they dislike. Use prompts to encourage discussion about why they may not want to do certain tasks and the consequences of avoiding these tasks. Introduce the concept of motivation versus obligation, helping students understand that sometimes, obligations must be met regardless of personal preference.</p> <p><b>Obstacle Course of Unpleasant Tasks:</b> Set up an obstacle course with areas representing various tasks that students might find unpleasant or challenging, such as sorting a messy pile of items, wiping down surfaces, or organising a cluttered area. Each area will mimic a common real-life task. Students will work individually or in small groups to complete each station, discussing how they feel about each task and the importance of completing it despite their preferences.</p> <p><b>Role Reversal Exercise:</b> In this task, students take on the roles of instructors or supervisors who must assign tasks to “employees” (other students or staff). They must decide which tasks are necessary to complete a project, including less appealing ones, and explain the importance of these.</p> <p><b>Creative Task Challenge:</b> Assign students a creative project that involves completing less enjoyable tasks, such as setting up an event (planning, cleaning, organising) or creating a community garden (weeding, planting, watering). This project will require them to take responsibility for both enjoyable and less enjoyable aspects, demonstrating the importance of a balanced approach to achieving a rewarding outcome.</p> <p><b>Plenary:</b> Gather students as a group and ask them to share one thing they didn’t enjoy doing and why it was still important to complete it. Highlight the lesson’s key takeaway: even if we don’t enjoy every task, completing them is important for overall success. End with positive reinforcement, thanking students for their participation and encouraging them to think about how they can tackle less enjoyable tasks in the future.</p>	<p><b>Provided:</b></p> <ul style="list-style-type: none"> <li>• WRSIL task cards</li> <li>• Jobs I Can Do cards</li> <li>• Job Families cards</li> <li>• Work Experience cards</li> </ul> <p><b>Materials needed:</b></p> <ul style="list-style-type: none"> <li>• Discussion prompts, talking stick or ball to encourage turn-taking</li> <li>• Miscellaneous items for sorting, cleaning supplies, organisational tools</li> <li>• Event planning materials, gardening tools, plants, cleaning supplies</li> </ul>	<p><b>Suggested mediums:</b></p> <p><b>Evidence sheets</b></p> <p>Photographs of students engaging in activities.</p> <p><b>Visual records</b> of sorted items and matched tools.</p> <p><b>Observation notes</b> on student participation and engagement.</p> <p><b>Direct questioning</b> throughout the session with the use of pauses and prompts.</p> <p><b>Prompting recall</b> of knowledge through minimal verbal instructions.</p> <p><b>Student planner</b></p> <p>Lesson marked as introduced and dated.</p>
<p><b>Teacher Guidance Notes:</b> This lesson aims to help students explore tasks they find unpleasant and understand the importance of completing these tasks. Encourage open communication and provide support for students to express their preferences and dislikes. Use positive reinforcement to validate their efforts and participation. The Creative Task Challenge serves as a culminating activity to demonstrate that all tasks, pleasant or not, are essential to success. This lesson emphasises the importance of perseverance and the reality that not all tasks are enjoyable, but they are often necessary for achieving desired outcomes.</p>		