

Module 3: My choices!		Level: MLD/SEMH
Unit 3A: Who am I?		Preparation for Adulthood: Employment
Lesson 3A2: What I am interested in		
Objectives	Learning Outcomes	
<p>To introduce students to various practical skills and activities through hands-on engagement.</p> <p>To reinforce learning by reflecting on interests and skills and discussing potential career connections.</p>	<p>Students will:</p> <p>Identify activities they enjoy through practical engagement.</p> <p>Discuss how their interests can relate to specific work-related skills and careers.</p>	
Activities	Resources	Assessment/Evidence
<p>Introduction: Start by introducing each activity station and explaining that the goal is to find out what they enjoy and feel good about doing. Encourage students to actively participate, explore each station, and reflect on their experiences.</p> <p>Workshop Stations: Set up workshop stations around the classroom that represent different career-related skills. Examples include a “Woodworking” station with simple carpentry tools and materials, a “Cooking” station with basic cooking tasks, and a “Gardening” station with planting activities. Students will rotate through these stations, trying out each activity and discovering what they enjoy.</p> <p>Build and Create Projects: Have students participate in a project-based activity where they work in small groups to create something tangible. This could include building a small wooden birdhouse, preparing a simple meal, or planting a mini garden. These projects allow students to work collaboratively and apply practical skills, seeing a project through from start to finish. Conclude the lesson with a group discussion where students can share what activities they enjoyed and discuss how these interests could relate to potential careers. Encourage students to express their thoughts on the skills they practised and how they might use these skills in the future.</p> <p>Plenary: End the lesson with a group discussion where students can share what activities they enjoyed and discuss how these interests could relate to potential careers. Encourage students to express their thoughts on the skills they practised and how they might use these skills in the future.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • WRSIL task cards <p>Materials Needed:</p> <ul style="list-style-type: none"> • Carpentry tools and materials, cooking utensils and ingredients, gardening tools and plants • Project-specific materials (wood, nails, food ingredients, plants), tools for construction or preparation 	<p>Suggested mediums:</p> <p>Evidence sheets Photographs of students engaging in activities.</p> <p>Visual records of sorted items and matched tools.</p> <p>Observation notes on student participation and engagement.</p> <p>Direct questioning throughout the session with the use of pauses and prompts.</p> <p>Prompting recall of knowledge through minimal verbal instructions.</p> <p>Student planner Lesson marked as introduced and dated.</p>
<p>Teacher Guidance Notes: This lesson aims to help students to discover how their interests can connect to practical skills and potential careers. Creating an engaging and hands-on learning environment using practical activities to capture students’ attention and interest will encourage active participation by providing clear instructions and support. Use positive reinforcement to validate students’ engagement and contributions concluding the lesson with a reflective discussion to help students articulate their interests and understand how they can relate to future career opportunities.</p>		