Module 1: Explore!	Level: Sensory/Exploration	
Unit 1B: What might affect finding and having a job?	Preparation for Adulthood: Employment	
Lesson 1B6: What is career development?		
Objectives	Learning Outcomes	
To explore the basic idea of career development. To explore the career development process. To support students to communicate their interests and likes related to jobs.	Students will: Demonstrate an awareness of career activities through sensory activities. Begin to express their interests and preferences related to potential career paths using preferred communication methods.	
Activities	Resources	Assessment/Evidence
 Introduction: Set up sensory stations that represent different career paths. For example, a "Gardening" station with soil and plant textures, a "Cooking" station with play/real food and kitchen utensils, and a "Creative Arts" station with soft brushes and textured fabrics. Students will explore each station, using their senses to experience the different careers. Defining Career Development: Using simple language and visual aids, explain the concept of career development as "trying new things and finding out what you like to do." Use images and objects from the sensory stations to illustrate different career options. Encourage students to explore these items and associate them with specific careers. Career Music and Movement: Play music associated with different careers (e.g., classical music for a dancer, nature sounds for a gardener). Pair each type of music with simple movements or activities that mimic the associated career, such as pretending to dance, planting seeds, or cooking. Use visual aids to help students understand the connection between music, movement, and career. Expressing Interests and Preferences: Provide students with a choice board or communication devices to express their preferences for the different by spending more time at their favourite stations. (support staff to annotate and identify known facial gestures or movements to indicate choice and preference). Plenary: End the lesson with a calming sensory activity. Use soft music, soothing lights, and gentle sensory items to create a relaxing environment. Encourage students to reflect on their favourite experiences from the lesson, using sensory items to reinforce these preferences. 	 Provided: Jobs I Could Do cards Job Families cards Same and Different Model Pathways and Options Poster Transitions card set The Good Things About Working card set Materials needed: Soil, plants, play food, kitchen utensils, brushes, fabrics, and other sensory items Visual aids, objects from the sensory stations Choice boards, communication devices, pictures of different careers Music player, different types of music, visual aids, props for movement activities Calming music, soothing lights, sensory items (e.g., soft toys, textured fabrics) 	Suggested mediums: Evidence sheets: Photographs of individual/ group discussions/activitie with annotation. Direct questioning throughout the session with the use of pause, prompting, and Makaton/ BSL signs. Prompting recall of knowledge through minimal verbal instructions and signs. Questions and answers can be recorded: • Written • Witness statement • Audio • Video Student Journal: Lesson marked as introduced and dated.

of career development, focusing on sensory experiences and simple, accessible formats. Introducing students to the concept of career development simply and engagingly. Use sensory stations to provide tangible experiences of different careers, helping students understand through touch, sight, and sound. Employ simple language and visual aids to explain career development, emphasising exploration and discovering what they enjoy. Encourage the use of choice boards and communication devices to help students express their interests and preferences. These activities will help students recognise their interests and develop the basic idea of career development, paving the way for future exploration and personal growth.





