| Module 1: Explore! | Level: Sensory/Exploration | |
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| Unit 1B: What might affect finding and having a job? | Preparation for Adulthood: Employment | |
| Lesson 1B3: Role models to help overcome the challenges | | |
| Objectives | Learning Outcomes | |
| To be introduced to the idea of role models who help others overcome challenges. To explore sensory experiences related to positive traits like being helpful and determined. | Students will: Begin to recognise role models through sensory activities. Engage with sensory activities that represent positive traits of role models. | |
| Activities | Resources | Assessment/Evidence |
| Introduction: Read a simple, sensory-rich story about a role model who faced and overcame challenges to find a job. Use tactile props, sounds, and visuals to make the story engaging and accessible. Highlight key traits such as determination and communication. This will introduce students to the concept of role models through a multisensory storytelling experience. Visual and Tactile Role Model Gallery: Create a gallery with large pictures and tactile items representing various role models. Include images and objects that symbolise different jobs and the positive traits these role models exemplify (e.g., a stethoscope for a doctor, a paintbrush for an artist). Allow students to touch and explore each item. Role Model Sensory Boxes: Prepare sensory boxes that represent different role models and their traits. Each box contains items that stimulate the senses, such as soft items for kindness, textured items for resilience, or scented items for creativity. Guide students to explore the contents and discuss the traits they represent as objects of reference. Plenary: End the lesson with a calming activity that includes listening to soft music or sounds that represent different jobs. Use this time to reflect on the traits and challenges discussed, reinforcing the positive attributes of role models. | Provided: Jobs I Could Do cards Job Families cards Transition cards Materials Needed: Storybook, tactile props (soft fabrics, objects related to jobs), sound recordings, and visual aids Large images of role models, job-related tactile items, and sensory-friendly displays Sensory boxes, items with different textures, scents, and colours Calming music or sounds, a quiet space, comfortable seating | Suggested mediums: Evidence sheets: Photographs of individual/ group discussions/activities with annotation. Direct questioning throughout the session with the use of pause, prompting, and Makaton/ BSL signs. Prompting recall of knowledge through minimal verbal instructions and signs. Questions and answers can be recorded: Written Witness statement Audio Video Student Journal: Lesson marked as introduced and dated. |

Teacher Guidance Notes: Create a safe and supportive environment tailored to the sensory needs using a variety of sensory materials to make the concept of role models accessible and engaging. Be patient and responsive, providing individual support and encouragement as needed. Emphasise the positive traits of role models and how these can help overcome challenges, using simple, concrete examples. Focus on sensory engagement and exploration, ensuring that all students can participate and enjoy the activities.

This lesson plan aims to introduce students with PMLD and complex high needs to the concept of role models and how they can inspire overcoming job-related challenges. Through sensory-rich activities, students will explore and begin to recognise the traits that help people succeed in the workplace.



