

Module 1: Explore!		Level: MLD/SEMH
Unit 1B: What might affect finding and having a job?		Preparation for Adulthood: Employment
Lesson 1B3: Role models to help overcome the challenges		
Objectives		Learning Outcomes
<p>To learn about role models who can inspire and help overcome challenges in finding and keeping a job.</p> <p>To explore traits like perseverance, kindness, and effective communication through engaging activities.</p>		<p>Students will:</p> <p>Identify and discuss role models and the positive traits they exhibit.</p> <p>Participate in activities that demonstrate key traits shown by role models.</p>
Activities	Resources	Assessment/Evidence
<p>Introduction to Role Models: Begin with a discussion on what a role model is and why they are important. Use visual aids and examples of well-known figures who have overcome challenges to succeed in their careers. Highlight traits such as resilience and communication skills. This introduces students to the concept of role models in a relatable way.</p> <p>Visual Storytelling and Discussion: Share a story or short video about a role model who has faced challenges in their career. Afterward, facilitate a discussion on what challenges the role model faced and how they overcame them, focusing on the traits they used.</p> <p>Trait Exploration Stations: Set up stations that represent different positive traits (e.g., a “Perseverance Station” with challenging puzzles, a “Kindness Station” with activities about helping others). Students rotate through these stations, engaging in activities that exemplify each trait.</p> <p>Scenario-Based Learning: Create simple role-play scenarios where students can practice traits like asking for help, being patient, or communicating clearly. Use props and role-play scripts to guide the activities.</p> <p>Plenary: End the lesson with a calming reflection activity, such as drawing or writing about a role model they admire, or discussing how they can use positive traits in their own lives. This is followed by a calming activity like listening to soft music or practicing deep breathing.</p>	<p>Provided:</p> <ul style="list-style-type: none"> • Jobs I Could Do cards • Job Families cards • Transition cards <p>Materials Needed:</p> <ul style="list-style-type: none"> • Visual aids, images of role models, simple discussion prompts • Storybook or video, discussion questions, visual aids • Puzzles, kindness activity materials, station signs, visual guides. • Props, role-play scripts, visual cues • Drawing or writing materials, calming music, or visual aids for deep breathing exercises 	<p>Suggested mediums:</p> <p>Evidence sheets Photographs of students engaging in activities.</p> <p>Visual records of sorted items and matched tools.</p> <p>Observation notes on student participation and engagement.</p> <p>Direct questioning throughout the session with the use of pauses and prompts.</p> <p>Prompting recall of knowledge through minimal verbal instructions.</p> <p>Student planner Lesson marked as introduced and dated.</p>
<p>Teacher Guidance Notes: Use clear, concise instructions and visual aids to help students understand and follow the lesson. Incorporate engaging, hands-on activities that capture students’ interest while minimising opportunities for distraction or disruptive behaviour. Provide individualised support, be attentive to each student’s needs and emotional state, and be prepared to offer additional assistance as needed. Use positive reinforcement consistently to encourage participation and appropriate behaviour, celebrating small successes to build confidence and self-esteem. Be patient and flexible, adjusting the pace of the lesson and activities based on student engagement and understanding. Emphasise the relevance of role models and positive traits, using concrete examples and relatable scenarios to make the content accessible. Focus on creating a positive and inclusive atmosphere where all students feel valued and supported, helping them to explore and develop their strengths.</p>		