

Talentino
10th Annual
SEND Careers
Conference
2023

Windsor 1

Sam Everard
Samee Charity
(double session)















What is Self-Employment?















Tornados and Trinkets





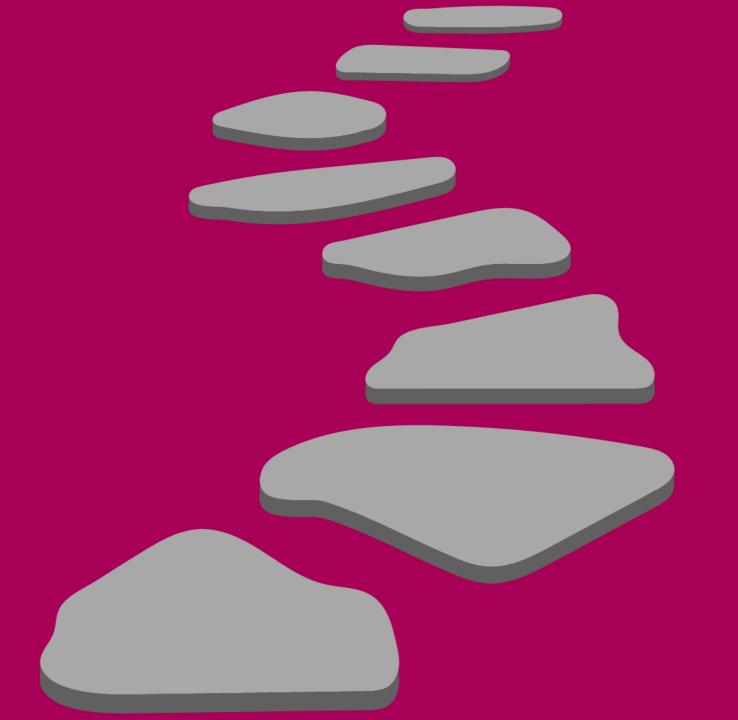
Anton's Gardening Services













USP: Unique Selling Point



Sharing your ideas



This is Me Documents

Anton Manning-White



Autism for me

Everyone who has autism is different. This book is about how autism is for me.



Relationships and understanding other people It can take me a bit longer to get to know people. If we like the same things then we will probably get on well.

like people who spend the time to get to know the things like and help me to do them.

When I have found someone who I am comfortable with I like to spend more time with them and I am happy to do more activities with them.

When I feel comfortable I am better at making friends with people. It depends on the situation.

When I am somewhere that I don't feel comfortable I find it harder to make friends. I like to give things a go for as long as possible. I might say 'time out' if I need a break.

I like it when people give me time to get things done and don't put too much pressure on me.

Sometimes I get stressed if I need to do something new or difficult that I am not sure of. It helps if I take a break and if people understand when I need a break or if something takes a bit longer.

It is important for me to have a joke and a laugh with people and I like people who are positive.

I like people to tell me exactly how they are feeling so I know to give them a break if they need it or help to cheer them up.

My favourite things and special interests

Photography: I like to photograph all sorts of wildlife.

Power Rangers: I have been interested in this since I was very little. When I was younger I always tried to draw them. Sometimes I spend a bit too much money or take up too much space action figures and it can be hard for me to accept if I can't get it.

Lego: I enjoy making things with Lego I really like to make avengers, star wars or superhero Lego. If it takes a long time to make I have to be reminded to take a break but I can get carried away because I find it hard to stop.

Arts and Craft: I enjoy a mixture of crafts and like to make things. I am starting to learn new arts and crafts at the moment. I find this relaxing.

> There are a few things I like to watch. Like angry gran, comedies, anime and musicals.

) I like animals and love to go on walks with dogs.

I like to keep active and exercise.

My senses (sounds, smells, colours, touch, taste)

I am sensitive to being touched. I don't like people to touch me. I like people to let me tell them yes or no before they give me a hug or hand shake.

My hearing is over sensitive so sometimes I hear things louder than they are. If something is too loud it can get too

If I feel sound is too much I need to go and do something I like to help me calm down. Some music can help me to calm down, like the power rangers theme tune.

I have a strong sense of smell. When I can smell something I don't like that can be quite strong for me.

My routines and coping with change

It can be hard when routine changes, but I like to try and find other things to do to keep me busy.

I prefer to be outside instead of inside, I like to see wildlife outside which relaxes me. If I can't do that I like to watch power rangers.

When people suggest I do something, I will try very hard to do exactly what they say.

Sometimes I try to do too much in my day and I can find it quite hard to get everything done. This can be stressful for













Thank you!









